

When it comes to symptoms of AFib, this is *No Time to Wait*

Atrial fibrillation, or AFib, is the most common type of irregular heartbeat.¹

AFib occurs when the upper chambers of the heart (atria) beat irregularly and, as a result, do not pump all of the blood to the lower chambers (ventricles), potentially causing some blood to pool and form clots.^{1,2}

Approximately 9.5 million people in the U.S. are projected to have AFib in 2023 and by 2030 it's estimated that approximately 12 million people in the U.S. will have AFib.³

Symptoms of AFib can include, and are not limited to:^{1,2}



Irregular heartbeat



Heart palpitations



Chest pain



Shortness of breath



Fatigue



Light-headedness

Symptomatic people can often dismiss their symptoms. It is important to talk to a doctor if experiencing any of these symptoms.

Symptoms can also be associated with other potentially serious conditions not related to AFib. Only a healthcare professional can determine whether these symptoms indicate AFib or another condition.

Risk factors of AFib can include, and are not limited to, high blood pressure, advancing age, diabetes, sleep apnea, and heavy alcohol use.¹

5x

People with AFib have about 5x greater risk of stroke than those who do not have AFib.⁴

If a clot breaks loose, it can travel through the bloodstream to the brain and lead to a stroke.^{2,4} Strokes related to AFib are often more severe compared to strokes with other underlying causes.⁵



A healthcare professional is able to perform certain tests that can determine whether the symptoms someone is experiencing are related to AFib or another condition.²

In order to detect AFib, a healthcare professional may conduct various tests, including pulse checks, auscultation, or an electrocardiogram (EKG or ECG).^{1,6-8}

Seeking medical attention early may help reduce the chance of AFib leading to something more serious.

For those experiencing the above listed symptoms, it's important to talk to a healthcare professional. This is *No Time to Wait*.

Learn more about AFib at <https://www.notimetowait.com>.

No Time to Wait, which aims to raise awareness about symptoms that can be associated with AFib, is brought to you by the Bristol Myers Squibb-Pfizer Alliance, with the support of leading professional and patient advocacy organizations.

The content included on this page is provided for informational purposes only and is not meant to replace a physician's medical advice.

References:

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