Atrial Fibrillation (AFib) is a common type of irregular heartbeat, also known as arrhythmia. With AFib, a clot can form in the chamber of the heart and travel to the brain. This can lead to a potentially devastating thromboembolic stroke. Know the risk factors. Know the signs and symptoms. Take action to keep life flowing.

**Your Heart is a Well-Timed Machine**

A heart that pumps blood throughout your entire body. When that pump isn’t working properly, your heartbeat can become irregular, possibly creating clogs and blockages in your system, which could lead to blood clots and strokes. Knowing the facts about AFib can help keep your system flowing.

**Every Year, People with AFib**

are estimated to account for 15% of the 15 million strokes that occur worldwide.

People with AFib may not have any **Signs & Symptoms.** Others may experience irregular heartbeat, heart palpitations, lightheadedness, fatigue, shortness of breath and chest pain.

**Being Proactive Can Reduce Your Risk**

for thromboembolic stroke. Ask your health professional if you are at risk and get evaluated for AFib. Ask them to feel your pulse.